



WATERFORDTIPPERARY ITF TAEKWONDO



Join us in Dungarvan

Build Fitness, Build Confidence
& Build Smiles!

What Parents say...

"Choosing Waterford Tipperary Taekwon-Do for my kids was our best decision! They gained strength, coordination, and life skills like respect and perseverance. It's more than sport, it's about personal growth. Thanks to their amazing team!" - *Laura, Dungarvan*

TEXT OR PHONE
LUKE 0877668548
LUKELAFFAN@GMAIL.COM





DUNGARVAN - FUSION CENTRE

CLASSES FOR AGES 4+

MONDAY AND THURSDAY

4-4.45PM 4-6YRS NINJAS

5-6PM 7-13YRS BEGINNERS

7-8:30PM TEEN AND ADULT BEGINNERS

CONTACT LUKE

0877668548

LUKELAFFAN@GMAIL.COM

INSTRUCTOR LUKE LAFFAN (4TH DEGREE)

IMAC, GARDA VETTED, FIRST AID, SAFE GUARDING CERTIFIED.

THIS CLUB IS AFFILIATED WITH THE IRISH TAEKWON-DO ASSOCIATION WHICH IS RECOGNISED BY THE IRISH SPORTS COUNCIL THROUGH THE IRISH MARTIAL ARTS COMMISSION (IMAC)

